Mentoring: A Key to Unlock the Academy

Mentoring Workshop
June 21-22, 2004
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Points on Mentoring

♦ What are the roles of a mentor?
  – Advisor
  – Consultant
  – Role Model
  – Colleague

♦ What are some expectations for both mentor and mentee?

♦ What are some areas where mentoring can be helpful?
WHAT IS A MENTOR?

♦ According to Homer, a mentor is a wise and trusted counselor.

♦ A mentor is often defined as someone who helps another person develop.
  - A mentor may be an academic advisor – or not!
  - A mentor and mentee should share mutual trust and respect.
WHY BE A MENTOR?

♦ Mentors find satisfaction in working with others.
♦ Mentors are able to make a contribution both to individuals and to the discipline.
What is a mentor?

♦ A friend
  – Listening to concerns and ideas

♦ An advisor
  – Encouraging and providing information

♦ A consultant
  – Sharing experiences and expertise

♦ A role model
  – Providing an example

♦ A resource finder
  – Directing to other resources beyond yourself

♦ A sounding board
  – Listening to new ideas, achievements, and concerns
    – Adapted from Advisor, Teacher, Role Model, Friend. NAP.
Areas of Mentorship

♦ Teaching
  - Methods / do’s and don’ts
  - Experiences
  - Resources

♦ Scholarship
  - Locating publication possibilities
  - Constructive feedback
  - Expanding networks
  - Guidance in seeking grants
  - Keeping current through professional meetings

♦ Service
  - Helping to balance service with other responsibilities.
  - Locating possibilities for service in the department, the college, and the wider community.

♦ Life Balancing /Schedule Balancing
Possible Topics for Mentors and Mentees

- Enhancing research and teaching through technology
- Traveling the rocky road to tenure
- Understanding institutional evaluation
- Staying current in the discipline
- Building collaborations
- Contributions that can be made
- Locating opportunities
- Ethics in the academy
- Stages of the academic career