Early- and Mid-Career Mentoring & Support
Finding Mentors and Setting Priorities

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The Importance of Mentoring

- **Internal Mentor**
  - Guide you through your department’s “maze”
  - Can offer good suggestions on how to write grants
  - Help with the tenure process
  - Help build relationships with other colleagues both within your dept. and elsewhere on campus
- External Mentor
  - Can also help with grants
  - Gives you an outside and objective perspective on your career advancement
  - Can find out things informally for you
  - Helps promote you outside of your university
Whether you have a mentor or not, two things to remember...

- Go to conferences, write papers, apply for grants, and try not to take rejection personally
- “It’s ok to make a mistake!”